



Long Branch High School
 "Where Children Matter Most"
 January 2019



HOME OF THE GREEN WAVE

		1/2 Meatball Parm. Sub Hamburger Cheeseburger Chicken Patty Buffalo Chicken Patty	1/3 Chicken & Swiss Panini Hamburger Cheeseburger Chicken Patty Buffalo Chicken Patty	1/4 Grilled Ham & Cheese Pretzel Melt Hamburger Cheeseburger Chicken Patty Buffalo Chicken Patty
1/7 Chicken & Swiss Panini Hamburger Cheeseburger Chicken Patty Buffalo Chicken Patty	1/8 Tuscan Turkey Panini Hamburger Cheeseburger Chicken Patty Buffalo Chicken Patty	1/9 Grilled Chicken Club Hamburger Cheeseburger Chicken Patty Buffalo Chicken Patty	1/10 Grilled Ham & Cheese Pretzel Melt Hamburger Cheeseburger Chicken Patty Buffalo Chicken Patty	1/11 Chicken Cheesesteak Sub Hamburger Cheeseburger Chicken Patty Buffalo Chicken Patty
1/14 Rodeo Burger On a Bun Hamburger Cheeseburger Chicken Patty Buffalo Chicken Patty	1/15 Ham, Cheddar & Apple Panini Hamburger Cheeseburger Chicken Patty Buffalo Chicken Patty	1/16 Chicken Bacon Cheddar / Kaiser Roll Hamburger Cheeseburger Chicken Patty Buffalo Chicken Patty	1/17 Turkey Florentine Panini Hamburger Cheeseburger Chicken Patty Buffalo Chicken Patty	1/18 Philly Cheese Steak Sandwich Hamburger Cheeseburger Chicken Patty Buffalo Chicken Patty
1/21 Martin Luther King's Day School Closed	1/22 Turkey Red Peppers Panini Hamburger Cheeseburger Chicken Patty Buffalo Chicken Patty	1/23 Meatball Parm. Sub Hamburger Cheeseburger Chicken Patty Buffalo Chicken Patty	1/24 Chicken & Swiss Panini Hamburger Cheeseburger Chicken Patty Buffalo Chicken Patty	1/25 Grilled Ham & Cheese Pretzel Melt Hamburger Cheeseburger Chicken Patty Buffalo Chicken Patty
1/28 Chicken & Swiss Panini Hamburger Cheeseburger Chicken Patty Buffalo Chicken Patty	1/29 Tuscan Turkey Panini Hamburger Cheeseburger Chicken Patty Buffalo Chicken Patty	1/30 Grilled Chicken Club Hamburger Cheeseburger Chicken Patty Buffalo Chicken Patty	1/31 Grilled Ham & Cheese Pretzel Melt Hamburger Cheeseburger Chicken Patty Buffalo Chicken Patty	



Sides Offered Daily With Lunch Choices
 Fresh Vegetables,
 Specialty Made Salads,
 Assorted Fresh Fruits or Canned Fruits
 Assorted 100% Juices
 Assorted Low Fat and Skim Milks